

# Best Practices of Halfway Houses and Self-Help Groups for Former Drug Dependents to Reduce Recidivism

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# Halfway House Scheme

- Established by Singapore Corporation of Rehabilitative Enterprises' (SCORE) Residential Services Unit
- Prisons Halfway House Scheme
  - Started in April 1995
  - Allows amenable and penal offenders without strong family support to spend last stages of their detention at Halfway Houses
  - 11 Halfway Houses
- Programme comprises
  - Counselling
  - Work therapy
  - Moral/religious education



# Aim of Halfway Houses

- Provide a conducive environment for treatment and rehabilitation of offenders away from prison setting



# Approach

- Uses spiritual perspective to target behavioural change
- Concentrate on faith formation which is important in assisting the addicts on their road to recovery
- Adopts a structured programme that is holistic in nature



# Primary Stages of Recovery Programme

DRC Counselling

Pre-Entry Stage : Introduction

Duration : 1 month assessment

Stage 1: Orientation / Continual Assessment

Duration : 3 months



# Primary Stages of Recovery Programme (Cont'd)

Stage 2 : Entry and Acceptance  
Duration : 3 months

Stage 3 : Active and Determination  
Duration : 6 months

Stage 4 : Transition

